

la Rosière
ESPACE SAN BERNARDO

Summer 2026

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SUMMER AT LA ROSIÈRE

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A DIFFERENT
SIDE REVEALED**



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SUMMER IN THE MOUNTAINS: A DIFFERENT SIDE REVEALED

A WELCOMING AND UNSPOILT VILLAGE

Founded in 1960 by shepherds, La Rosière is a human-scale mountain resort, deeply attached to its family spirit and authenticity. Today, it offers around 15,000 tourist beds, with development that has been deliberately controlled in order to preserve its identity. Many establishments are still run by the founders' descendants, giving visitors a warm and genuine welcome.

Committed to protecting its surroundings, the resort follows a strict local planning policy that encourages traditional architecture using wood, stone and slate, blending perfectly into the Alpine landscape. In summer, La Rosière offers a wide range of activities: hiking, road cycling, mountain biking, relaxing moments, bivouacking, or peaceful breaks by mountain lakes. A mountain destination that is accessible, unspoilt and full of life.



SUNSHINE FOR EVERYONE

Perched on a wide natural terrace overlooking the Haute-Tarentaise, La Rosière enjoys a south-facing position that makes all the difference. From morning to evening, the sunlight accompanies your stay in the mountains and opens up sweeping views of the surrounding peaks. At 1,850 metres, summer is experienced in perfect balance: bright days with gentle temperatures and cool evenings ideal for rest. Here, you can enjoy the sun without the heat, breathe in the fresh mountain air, and recharge your batteries.



Buongiorno

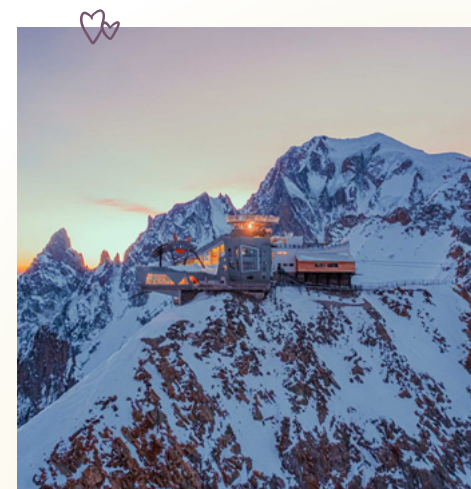
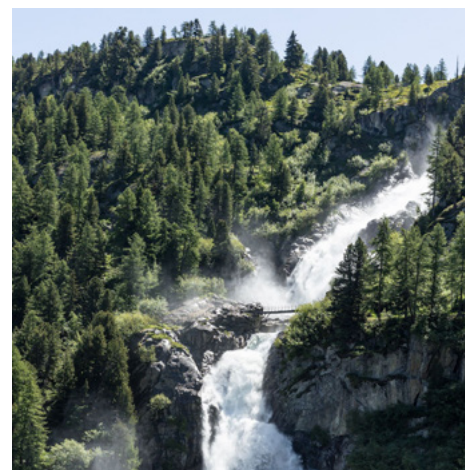


ITALIAN - YOUR SECOND LANGUAGE

By taking the road over the Petit Saint-Bernard Pass, the Italian border can be reached in just 10 minutes by car or shuttle. Twenty minutes further on, La Thuile opens the doors to the Aosta Valley, full of discoveries. Highlights include:

Les Cascades du Rutor : three waterfalls to explore on a 2–3 hour walk, suitable for all, offering stunning views over the Aosta Valley and a guaranteed refreshing stop.

SkyWay Monte Bianco : in Courmayeur, this spectacular cable car takes visitors from 1,300 m to 3,466 m at the foot of Mont Blanc's Italian face. On site, restaurants and museum spaces provide a cultural and gastronomic break amidst the mountains.





la Rosière
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Piano piano...


la Rosière
ESPACE SAN BERNARDO



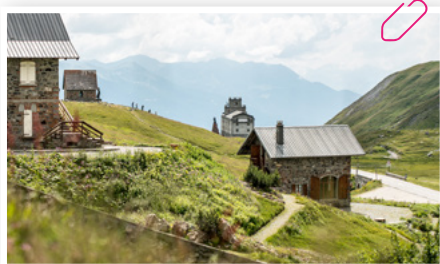
WHERE FRANCE AND ITALY MEET ...

THE HISTORY OF SAVOY'S ANNEXATION

Situated on an ancient route between France and Italy, La Rosière and the Montvalezan area bear the marks of a strong cross-border history. Long before Savoy was annexed by France in 1860, the region thrived on trade, seasonal migrations, and commerce via the Petit Saint-Bernard Pass, one of the oldest Alpine crossings. As far back as Antiquity, this strategic pass is believed to have been used by Roman armies and is among the routes Hannibal may have taken to cross the Alps.

For a long time part of the States of Savoy, Haute-Tarentaise became French following the Treaty of Turin, while maintaining close ties with the neighbouring Aosta Valley. This shifting border shaped a unique identity, where culture, gastronomy, and the art of living subtly blend Savoyard and Italian influences.

Today, this history can be tasted on the plate: from the Italian flair of Le Rosa, an Italian restaurant in La Rosière, to the French-named Le Petit Skieur in La Thuile, local restaurateurs continue to preserve a rich and lively cross-border culinary heritage.



EVENT: OPENING OF THE PETIT SAINT BERNARD MOUNTAIN PASS



A highlight of the Alpine spring, the opening of the Petit Saint-Bernard Pass marks the annual renewal of the connection between France and Italy. Usually closed from autumn until the first snows, this historic route reopens at the end of May after several days of snow clearance carried out jointly by French and Italian teams, revealing impressive snow walls several metres high.

The event is celebrated with a festive and friendly day, where locals, officials, cyclists and visitors symbolically meet at the border to celebrate this restored connection. Official speeches, Franco-Italian encounters, music, local traditions, and the first summer crossings punctuate this emblematic day, acting as a true gateway to the summer season and the enjoyment of shared wide-open spaces.

Not to be missed: At the Petit Saint-Bernard Pass, the Hospice, founded in 1050 by Saint Bernard of Menthon, reflects a long tradition of high-altitude hospitality. Once a refuge for travellers, it now houses an inn-restaurant, a museum and an information centre, with the option to stay overnight during the summer season. Just nearby, the Alpine garden of Chanousia invites visitors to explore nearly 1,000 mountain plant species in a remarkable natural setting.

Bellissima



MUST-SEE SPOT: EXCEPTIONAL VIEWS BETWEEN FRANCE AND ITALY

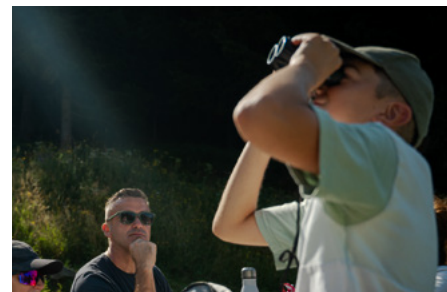
Panoramic Views Across Two Countries

At La Rosière, hiking naturally takes on a cross-border dimension. From the ridges and high-altitude terraces, viewpoints open up over both the Haute-Tarentaise and the Aosta Valley, offering contrasting landscapes of alpine meadows, mountain lakes, and high peaks. The area around the Petit Saint-Bernard Pass is home to some of the most iconic panoramas, where trails follow the border through a setting steeped in history.

Must-Do Hikes

With around forty marked trails on both sides of the border, La Rosière offers a varied and accessible hiking experience. Among the standout routes, the Chemin des Militaires crosses the Valaisan valley between scree slopes and blueberry bushes, while the Lac du Retour trail leads to a spectacular high-altitude lake after a more challenging climb.

Hikers seeking panoramic views can also reach the summit of Lancebranlette (2,936 m): an accessible route with roughly 800 m of elevation gain, offering 360° views of Mont Blanc and the surrounding ranges in just a few hours. Marmots and ibex are frequently spotted here, particularly at dawn and dusk.



THE MOUNTAINS AT EVERY PACE

For those who want to enjoy the scenery without too much effort, the Roches Noires and Eucherts chairlifts remain open all summer, providing easy access to the ridges and panoramic trails. More experienced hikers can extend their adventure with multi-day routes to French or Italian mountain refuges, or explore the trail-running paths that have made La Rosière a sporting destination, all against the stunning backdrop of Mont Blanc and the Petit Saint-Bernard Mountain Pass.

From La Rosière, it is possible to reach the Ruitor Refuge via the Lac du Retour, then continue on to the Archeboc Refuge. On the Italian side, the route also leads to the Deffeyes Refuge, set in a spectacular location in the heart of the Aosta Valley.



CULTURE AND HERITAGE

DISCOVER THE CHAPELS: HISTORY AT THE HEART OF MONTVALEZAN

Exploring the Chapels, in the Heart of Montvalezan's History and Heritage. Surrounded by hamlets, alpine pastures, and breathtaking panoramas, the commune is home to 14 chapels dedicated to various saints, valuable witnesses to religious and social life over the centuries. A trail, the Montvalezan Village Circuit, winds through this area shaped by traditional stone, wood, and slate architecture. It highlights buildings carefully restored by the Montvalezan Chapels Association, including the Châtelard Chapel, which houses the oldest bell in the commune, cast in the 16th century.

Nestled in village centres or perched on natural promontories, these chapels tell the story of mountain life and the close relationship locals have long had with faith, the seasons, and the mountains.

Visits by appointment only via the Tourist Office.

chapellesmontvalezan.com

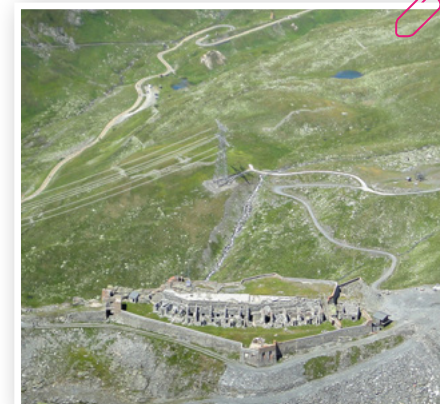


THE FORT OF LA REDOUTE RUINÉE: A MILITARY HERITAGE TO DISCOVER



Perched at 2,400 metres, the Redoute Ruinée overlooks the Traversette Pass and offers spectacular views of Mont Blanc and the Petit Saint-Bernard Pass. A former strategic site during the Second World War, this preserved fort can now be explored only from the outside, on foot or by bike, providing an immersive experience between military history and the vast Alpine landscapes.

Extra Tip : Each summer, La Rosière offers a full-scale investigative game. Young and old solve puzzles to help an old man regain his memory, while discovering the history of the resort, from its early 20th-century beginnings and the first ski facilities, to the impact of the two World Wars.



PASTORAL ACTIVITY: THE ROLE OF LIVESTOCK FARMING IN THE REGION

In Montvalezan, the alpine pastures tell a story shaped by centuries of pastoral farming. Livestock, long at the heart of the local economy, remains today a defining feature of the landscape and identity of the commune, which still has around ten active farms. The Tarine cow, an iconic local breed, provides the milk for Beaufort AOP, a must-try cheese of the Northern Alps.

Agricultural activity helps maintain the pastures and protect the natural environment. Several producers continue these traditional practices and welcome visitors, offering cheeses and farm products for direct sale, a tangible way to experience the mountains through the people who live and work there every day.

NOT TO BE MISSED :

- Aux Délices Fermiers (Les Eucherts): Cheeses and regional products, from wild génépi to wild honey, as well as homemade jams.
- La Bergerie du Genièvre: Sheep's milk cheeses and yoghurts, including the iconic fresh cheese Camillou. Visits by appointment only.
- Beaufort Cooperative: In Bourg-Saint-Maurice, free self-guided tours of Beaufort cheese production, with a sales point in La Rosière.



HAUTE TARENTEISE: A SUMMER OF EVENTS IN THE HEART OF THE ALPS

Throughout the summer, the resorts and villages of the Haute-Tarentaise Community of Communes come alive with cultural, festive, and sporting events, all reflecting a shared identity: a lively, open mountain that remains true to its heritage.

The programme highlights mountain culture, pastoral traditions, and artistic creation inspired by the Alpine landscape. A key intercommunal highlight, the Les Hautes Envolées Festival (6–10 July) embodies this dynamic. Free and travelling across five communes, it offers shows, aerial performances, and workshops for all, transforming slopes and natural spaces into an immersive artistic experience, blending art, nature, and verticality.

Around this unifying event, each resort showcases its own character through flagship events:



Vélo Vert Festival

Bourg-Saint-Maurice / Les Arcs

12–14 June 2026

A recognised European reference in mountain biking.

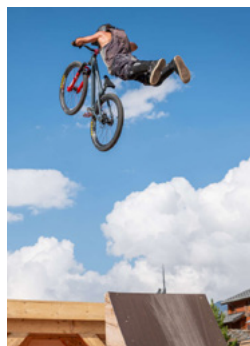


Mountain Shaker

Tignes

18–26 July 2026

Combining sport, music, and freestyle culture.



Uno, due, tre!



Foire Savoyarde Avaline

Val d'Isère

1–2 August 2026

Celebrating local produce and traditions.



Fête des Clarines & Saint-Bernard gathering

La Rosière

8–9 August 2026

A must-attend event celebrating pastoral heritage.



Sainte Foy Festival

Sainte-Foy-Tarentaise

21–22 August 2026

A music festival set in the heart of nature.

A rich and complementary summer programme makes Haute-Tarentaise a vibrant destination all season long, combining major events, Alpine culture, and a true spirit of sharing...

SUMMIT ENERGY

BIKE PARK AND MOUNTAIN BIKING: LA ROSIÈRE AND ITS CYCLING CULTURE

At La Rosière, cycling takes many forms, from downhill mountain biking to road cycling and e-bikes. Thanks to a network of chairlifts open in summer and a variety of routes, the resort is a complete playground for two-wheel enthusiasts. The Bike Park offers three downhill tracks and six Enduro and e-bike trails, providing up to 1,200 m of vertical drop, accessible via the Roches Noires and Eucherts chairlifts. From shaped tracks to more technical trails, there is a route for every skill level.



Italy on two wheels:

Cross-border MTB connections now allow riders to reach La Thuile via marked trails. This recent route, developed as part of the Interreg programme, offers 43 km round-trip with 1,154 m of positive elevation, passing through valleys, alpine pastures, and cultural heritage sites. An immersive experience, with the option to return by shuttle from the Italian side, for a day-long adventure between France and Italy.



Bravo !

Cycling for Every Taste:

Road cyclists are equally well catered for. From La Rosière, the ascent of the Petit Saint-Bernard Pass, famously featured in the Tour de France, remains a must-do, along with nearby major passes such as Cornet de Roselend and Col de l'Iseran. Supporting these activities, local sports shops offer bike rental, repair, and maintenance, while some accommodations provide secure storage spaces for bikes.



Beyond La Rosière, the entire Haute-Tarentaise becomes a true playground for cyclists, whether amateur or experienced, with iconic mountain passes to conquer. This season, three major ascents mark the calendar: Col du Roselend on 24 May, a legendary Tour de France climb, Iserane on 21 June, highlighting the Col de l'Iseran, Europe's highest paved pass at 2,770 m, and the 2026 new addition, La Bernardette on 6 September, a cross-border climb of 23.8 km with 1,285 m of positive elevation. Each of these ascents offers a unique sporting challenge amidst spectacular Alpine landscapes. During these events, the roads are fully closed to motor vehicles, giving participants a special experience focused on camaraderie and the sheer joy of cycling in the mountains.

SUMMIT ENERGY

THE ROSIÈRE TRAIL ON 12 JULY: A MAJOR EVENT FOR SPORT AND NATURE LOVERS

For those who love running, the Rosière Trail brings together runners and outdoor enthusiasts every summer for a day of sport and camaraderie. This popular annual event offers several courses suitable for all levels: a 15 km route with 800 m of elevation gain, a 22 km course with 1,450 m of climbing, and the most challenging 40 km race with 3,000 m of vertical gain. These high-altitude routes provide breathtaking views of the Petit Saint-Bernard Pass and Mont Blanc, passing through alpine meadows and mountain ridges.



On this occasion, a temporary village is set up on the Eucherts Square, featuring activities, a refreshment area, food stalls, partner stands, and a fireworks display to close the day.

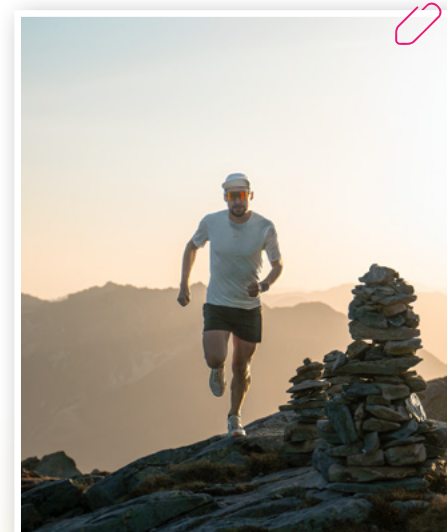
Perfetto!

PROFILE OF ARTHUR JOYEUX-BOUILLON: TRAIL AMBASSADOR FOR LA ROSIÈRE

At 31, Arthur Joyeux-Bouillon represents a new generation of elite trail runners, deeply connected to his home region. Born in a mountain village near Grenoble, he grew up with skis on his feet and discovered a taste for effort early on thanks to his father, a ski instructor. Trail running naturally became his passion; for him, the discipline is an evolution of hiking: "doing in one day what you would normally do over a weekend, with a small backpack and the desire to go further."

After several years of practice, he turned professional in 2019, coached by Éric Lacroix. His breakthrough came at the Trail du Petit Saint-Bernard in 2017, where he fell in love with the landscapes and the atmosphere of La Rosière, his "village at heart." Since then, he has become the Ambassador of La Rosière.

Now based near Annecy, Arthur focuses on 100-mile events, with major goals for 2026: Snowdonia by UTMB (170 km / 10,000 m D+), the 90 km Mont-Blanc, and, of course, the La Rosière Trail in July. His mantra: "The harder you train, the easier the race will be".



OUTDOOR ACTIVITIES AND THRILL-SEEKING ADVENTURES

Bene.

GRAVITY KART: THRILLS GUARANTEED!

At La Rosière, the Gravity Kart offers a fun and accessible way to experience the mountains differently. After a chairlift ride from Les Eucherts, participants hop into a three-wheeled, motor-free kart, sitting close to the ground, before racing down a dedicated 3-kilometre track. Between grassy slopes and sharp turns, the descent can be enjoyed at your own pace, either slowly to take in the panorama or more energetically for an adrenaline boost. Suitable for anyone over 1.30 m tall, the activity appeals to both families and thrill-seekers alike.

More information at larosiere.net



PAINTBALL/LASER GAME: FOR FUN AND FRIENDLY TIMES

At nearly 2,000 metres above sea level, in the heart of the forest, La Rosière offers outdoor paintball and laser game sessions. Combining strategy, teamwork, and stealthy movement among the trees, the activity can be enjoyed with family or friends. A fun and dynamic experience, suitable for both children and adults.

More information at larosiere.net



X'TREME LUGE: A UNIQUE ACTIVITY FOR LOVERS OF SPEED AND THRILLS

The X'Treme Luge offers a 1,000-metre track, including 700 metres of descent through the forest. Banked turns, drops, a footbridge and a spiral section add excitement to the course, creating a fun experience accessible to all. Each rider controls their own speed, reaching up to 45 km/h, before returning to the start via the luge lift. On site, a snack bar and a panoramic terrace provide the perfect setting to extend the experience while enjoying views of the surrounding peaks.

More information at xtremeluge.com



9-HOLE GOLF COURSE:

THE HIGHEST IN EUROPE, AN EXCEPTIONAL SETTING FOR AN EXTRAORDINARY EXPERIENCE



Perched at 2,000 metres above sea level and overlooking the Haute-Tarentaise valley, the La Rosière Golf Course offers a 9-hole course (par 27) in an exceptional Alpine setting. Set on 10 hectares of natural terrain, the course follows the contours of the mountain pasture, with each hole providing open views of the surrounding peaks. A covered driving range allows players to practise while enjoying the scenery. Nearby, the PARADIS restaurant, which also serves as the clubhouse, offers a friendly place to relax for both golfers and walkers alike.

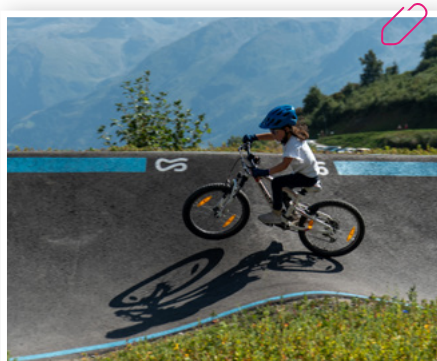
More information at golfdelarosiere.com



OUTDOOR ACTIVITIES FOR EVERYONE

OUTDOOR ACTIVITIES FOR EVERYONE

The Haute-Tarentaise Community of Communes reached an important milestone towards more accessible and inclusive tourism by signing the H+ Destination Tourisme Charter, led by the Auvergne-Rhône-Alpes Region, on 18 June 2025 in La Rosière. This voluntary initiative encourages tourist destinations to develop concrete actions to improve the welcome and inclusion of people with disabilities, based on training, collaboration, and a shared regional framework. The aim is to make the mountains and nature accessible to all by 2030, while enhancing every visitor's experience.



Since last year, the panoramic leisure area of Plan de l'Arc has brought these commitments to life. Designed to be accessible to everyone, it offers exceptional views of the surrounding peaks and includes adapted facilities such as wheelchair-accessible picnic tables, a Braille information panel, and inclusive play equipment for all.



MDS Crazy Loops (17–19 July):
The Marathon des Sables Spirit Comes to La Rosière

MDS
CRAZY LOOPS



From 17 to 19 July 2026, La Rosière welcomes back the MDS Crazy Loops, an original format of the Marathon des Sables that turns the mountains into a true playground for human and sporting adventure. Following the success of its first edition in 2025, between 500 and 800 participants are expected, including both able-bodied athletes and those using all-terrain wheelchairs. The event takes place on a 3 to 5 km loop, which participants can complete freely over 24 hours, day and night. The programme also includes entertainment, social gatherings, and shared moments, extending the experience well beyond the race itself.



SUMMER WITH THE FAMILY IN LA ROSIÈRE



In La Rosière, welcoming families is a top priority, as evidenced by its FAMILLE PLUS certification. The resort offers a wide range of activities tailored to children of all ages and their parents, ensuring a relaxing and fun-filled vacation.

FAMILY ACTIVITIES

For younger visitors, the Galopins Club run by ESF and the Yeti Village by Evolution2 offer supervised activities over half-days or full days. Children alternate between sports activities (archery, mountain biking, orienteering) and nature discovery (hiking, bivouacking, arts and crafts), while parents can enjoy hiking trails or MTB routes in complete peace of mind.

Activities are available as packages, and the club also provides a free drop-off service to ensure safe and attentive supervision.



THE LITTLE HIKERS

The Little Hikers Programme encourages children to walk while having fun. After purchasing their bandana (€5 at the Tourist Office), they follow specially adapted trails and collect badges for each completed hike, from bronze to gold, rewarding their progress. A fun and engaging way to discover the mountains as a family.



THE PLAN DE L'ARC



The Plan de l'Arc, with its Lac du Repos, complements this offering with an inclusive and welcoming leisure area. Accessible picnic tables, deckchairs, a multi-sports court, pump track, climbing boulder, table tennis, swings, and a pétanque court allow everyone to relax and make the most of the mountains. This site combines relaxation and a wide range of activities in a natural and safe setting, ideal for all ages.

SUMMER WITH THE FAMILY IN LA ROSIÈRE

Tutto a posto!



THE FOREST THEATER

The La Rosière Forest Theatre offers a unique performance venue, seamlessly integrated into its natural surroundings. Built right in the middle of the Forest Path, which links the resort's two areas, it required no tree felling. Entirely made from larch, a durable local wood, and constructed without concrete, its foundations are securely anchored several metres deep. Accessible to all, the theatre can host up to 150 people and features a varied programme: concerts, shows, open-air cinema... and even wedding ceremonies!

INDOOR ICE RINK: THE ONLY ONE IN HAUTE-TARENTEISE, FOR FUN EVEN IN THE SUMMER



La Rosière offers an indoor ice rink, open several days a week, ideal for cooling off on warm days while enjoying the sensations of winter skating. Beginner lessons and activities are organised each week, and on Wednesdays, the Tigres Blancs of La Rosière face local teams in a friendly and sporting atmosphere.



A MOVIE THEATER IN THE HEART OF THE MOUNTAINS

La Rosière offers a cinema with two screenings a day, showing the latest films and providing both visitors and locals with a welcoming moment of relaxation and culture. As part of an ambitious project, the cinema has been transformed into a multifunctional cultural space, featuring a large auditorium for screenings and performances, additional rooms for workshops or meetings, and a dressing room for artists. Designed for everyone, this new facility is fully accessible and can host conferences, events, and cultural gatherings.



WELLNESS: RECHARGE YOUR BATTERIES IN THE MOUNTAINS

Hotels in La Rosière with spa facilities offer packages combining access to pools, relaxing treatments, and meals, providing a serene break between two active days...

A resort that goes above and beyond



Inspiration Matinale Alpen Lodge

Start the day gently and take care of yourself! Enjoy a vitamin-packed breakfast, a personalised skin analysis, and access to the relaxation area and solarium. To complete the experience, receive 10% off Pure Altitude products.

Time: 8:00 am – 12:00 pm

Price: €55



Lunch & Pool à l'I.L.Y Hotels

Enjoy a delicious break by the water! Savour a plated snack with a drink while enjoying free access to the hotel's Wellness area, including the pool and indoor and outdoor hot tubs.

Time: 10:00 am – 6:00 pm

Price: €39 per person

Calma...



Romantic Duo Package at Hôtel Alparena

Treat yourselves to an unforgettable moment together! Begin with a 50-minute simultaneous duo massage, followed by 30 minutes of private access to the outdoor sauna and Nordic bath. Enjoy glasses of crémant at sunset before concluding this romantic escape with a refined dinner at the bistronomic restaurant Alpagio.

Price: €330



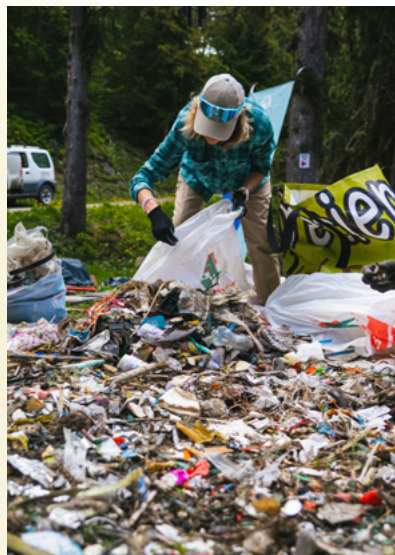
LES THERMES DES PRÉ SAINT-DIDIER: A MOMENT OF RELAXATION AND UNWINDING IN THE HEART OF THE ITALIAN ALPS

For those looking to take their escape even further, the Pré Saint-Didier Thermal Baths, located just across the border in Italy, offer an exceptional setting at the foot of Mont Blanc. Spanning over 4,000 m², the thermal complex combines indoor and outdoor pools, saunas, steam rooms, and a wide range of treatments and massages. The QC Termemontebianco Hotel completes the experience with high-end services, creating a stay dedicated to rejuvenating both body and mind. A shuttle easily connects La Rosière to these baths via the Col du Petit Saint-Bernard and La Thuile, allowing visitors to enjoy an international wellness experience with ease.

qcterme.com/fr/destinations/pre-saint-didier/qc-spa-pre-saint-didier



THE CALENDAR



JOURNÉE DES SUPERS-NETTOYEURS 17 june

Residents, seasonal workers, and visitors are invited to take part in a major clean-up of the resort and the ski area slopes. Organised by the Mountain Riders Association, the day involves collecting, sorting, and recycling waste, while raising awareness about preserving the mountain environment. A committed and friendly event dedicated to keeping the mountains cleaner.



WELLNESS DAYS 6–10 July

From 6 to 10 July, wellness professionals introduce visitors to sophrology, yoga, and lithotherapy. Workshops and talks encourage relaxation and letting go, leaving participants refreshed and revitalised by the mountain air.



LA ROSIÈRE BIKE WEEK 27 June–3 July

La Rosière dedicates an entire week to all forms of cycling. Supervised rides, beginner sessions, sporting challenges, and social activities allow both casual riders and enthusiasts to explore cycling in all its forms, from mountain biking to road cycling and downhill. Led by professionals, the event also features several key sporting highlights throughout the week.



TRAIL DE LA ROSIÈRE 12 July

On 12 July, the Trail of La Rosière brings together runners and outdoor enthusiasts on routes suitable for all levels: 15 km (800 m elevation gain), 22 km (1,450 m), and 40 km (3,000 m). Between alpine meadows and ridges, participants enjoy spectacular views of the Col du Petit Saint-Bernard and Mont Blanc.

THE CALENDAR

Delizioso...



MARATHON DES SABLES
17–19 July

From 17 to 19 July 2026, La Rosière will host the MDS Crazy Loops, a brand-new format of the Marathon des Sables: a 3 to 5 km loop to be completed freely over 24 hours, day or night. Up to 800 participants, both able-bodied and in all-terrain wheelchairs, are expected for this friendly and challenging sporting adventure, punctuated with activities and key highlights throughout the event.



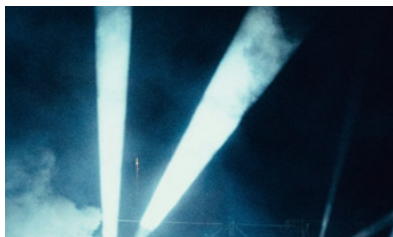
FÊTE DES CLARINES & SAINT-BERNARD GATHERING
8–9 August

The Fête des Clarines celebrates Savoyard traditions over a festive weekend in La Rosière. On Saturday evening, enjoy an open-air dance on the Place des Eucherts, followed on Sunday by activities, exhibitions, and folk performances throughout the day. A highlight of the event is the Saint-Bernard dog elegance contest, featuring the resort's iconic dogs, a delight for both children and adults.



PRODUITS & SAVEUR LOCALES
15–21 August

La Rosière celebrates its culinary heritage during a week dedicated to the food traditions of the French and Italian Alps. The programme includes tasting workshops, chef demonstrations, recipe competitions, and meet-ups focused on local and cross-Alpine products. A perfect opportunity to explore the gastronomic influences of both sides of the mountains in a friendly, shared-table atmosphere.



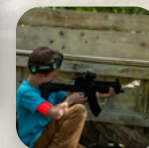
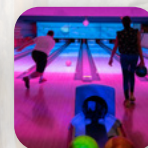
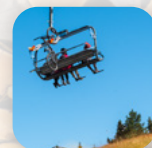
JEU SON ET LUMIÈRE
16 August

La Rosière comes alive with a sound and light show in the heart of nature. This visual and poetic event transforms the landscape into an immersive stage, blending projections, colours, and music for a magical evening in the mountains.

THE BEST DEAL OF THE SUMMER: THE **ACTIV'ÉTÉ** CARD

To enjoy summer in the mountains with complete ease, La Rosière offers a simple and practical solution: a single pass covering its main activities.

The Activ'été Card encourages visitors to make the most of their stay, combining relaxation, sport, and leisure experiences.



AN EXTENDED OFFER TO ENJOY A WIDE RANGE OF ACTIVITIES:

- Chairlift access
- Ice rink access
- Cinema access
- Archery introduction
- Bowling session
- X-TREME LUGE ride
- Laser game session
- Gravity Kart descent
- Fort treasure hunt
- And much more!

PRACTICAL INFORMATION / CONTACT



Apéro "Raclette - Retien"
tous les Jeudis de 18 à 20h

Just 30 minutes by bus from Bourg-Saint-Maurice and its TGV station, La Rosière is easily accessible without a car. Several daily departures, 6 to 7 depending on the day, are scheduled to match train times, providing a convenient and stress-free connection for all visitors.



BY TRAIN

- Bourg-Saint-Maurice TGV station: 23 km away (TGV/Eurostar)



BY PLANE

- Chambéry Airport: 135 km
- Lyon Saint-Exupéry Airport: 210 km
- Geneva International Airport: 215 km



BY BUS

- **Geneva** : navettes directes ou avec changement à Bourg-Saint-Maurice. Altibus.com
- **Lyon** : direct shuttle buses or those with a change at Bourg-Saint-Maurice. Altibus.com
- **Line S80** : Bourg-Saint-Maurice - Montvalezan - La Rosière



BY CAR

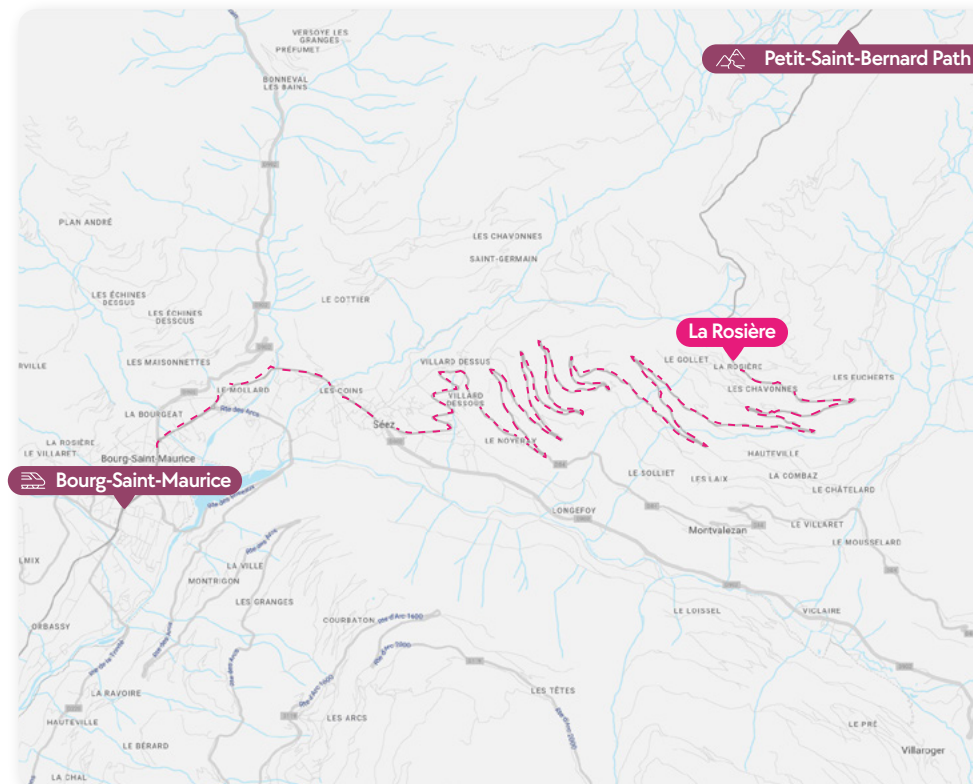
- Take the A43 motorway to Albertville
- Continue on the RN 90 to Bourg-Saint-Maurice
- Then follow the RD 1090 for 23 km to La Rosière

GPS Warning: The Col du Petit Saint-Bernard is open from late May to November.



PETIT-SAINT-BERNARD PATH

- Closed from November to May.
- Via Italy: Travel through the Mont Blanc Tunnel to Courmayeur. From Pré Saint-Didier, follow signs for La Thuile and then the Col du Petit Saint-Bernard.



PRESS CONTACTS

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